

## Lycian Way Trek

**“Scouting the Footsteps of Lycians from the Ghost Town, Karmylassos to Homeland of St. Nicolas, Patara”**

**Duration: 7 Days**

**Best Season: April-May, September-October**

**Tour Type: Trekking**

**Accommodation: Hotels and Pensions**

**Difficulty: Moderate**

### Overview

Anatolia's South East region where is also well known as Lycian Coast is waiting us with its natural beauty and history. Lycian way is Turkey's first longest hiking path and it is located between Antalya-Fethiye of Teke (ibex) peninsula. Approximately 550 km of the marked hiking path pass through the most beautiful area of the region. This trail was chosen as "*One of the best ten way marked trail of the world*" by Sunday Times in 2001. This path is so convenient for trekking. Trekking of whole The Lycian Way at once is extremely difficult. For this reason visitors trek only from the most attractive regions of this gorgeous way or they complete it in parts.

In this trip we prepare a short culture- trekking program which includes Lycian way's impressive regions. Trekking program passes through natural beauties between Fethiye and Patara and as well as worth- to -see historical places of the area.

Each day we will discover a new place with comfortable vans and stay accommodation facility that we choose carefully for you. In this trip we will trek along the paths that lie among the antique cities of the shore of Sevencaes. Lycian cities of Sydma and Patara, Butterfly valley, Roman Aquaduct of Patara, Blue Lagoon will be in our path way. We invite you to be the part of this excellent view.

### Itinerary Outline

**Day 1: Meeting at Dalaman Airport. Kayakoy (Karmylassos)-Oludeniz (Blue lagoon) Trek**

**Day 2: Ovacik - Kozagac-Kirme-Faralya Trek**

**Day 3: Faralya-Kabak-Alınca Trek**

**Day 4: Alınca-Sancak Bay (Kalabantia) -Gey Trek**

**Day 5: Gey -Sydma Ancient City-Bogazici Trek**

**Day 6: Gey-Bel Village-Belcik-Gavuragili Trek**

**Day 7: Delikkemer (Roman Aquaduct)- Patara Ancient City Walk and Transfer to Dalaman Airport**

### Itinerary

### **Day 1: Meeting at Dalaman Airport. Kayakoy-Oludeniz Trek**

After meeting with your guide and driver at Dalaman Airport , we will have a 45 mins transfer to our hotel in Kayakoy (Karmyllassos). After check in, we will have a quick lunch . We start walking from the quiet and lonely streets of Kayakoy. We will have great views of Gemile Bay and Oludeniz (Blue Lagoon) while this warm up hike. Our guests can swim at Oludeniz at the end of the hike. Dinner and accommodation in our hotel.

Approx. Vehicle Transfer Time: 1:00 hour

Approx. Trek Time: 3 Hours

Meals included: Lunch-Dinner

### **Day 2: Ovacik - Kozagac-Kirme-Faralya (Butterfly valley) Trek**

After breakfast, we start the day with a short car transfer about 15 minutes, to the starting point of the Lycian Way. After a group photo under the arch at the start point , we start to our journey. In the first minutes of the trek, magnificent view of Oludeniz (Blue lagoon) coast will welcome us. After a slightly inclined climb, we will reach the small neighborhood of Kozagac. We will have a nice picnic lunch under the pine trees with the view of Babadag (Father Mountain 1969m.) . This small settlement area was destroyed by giant rocks falling from the south west side of Babadag in the 1957 when is big Fethiye earthquake, and even the water mill was completely under the rocks and the rock streams. After lunch, our silent tarmac will take us to the village of Kirme in 30 mins. This small rural village life will make you feel like in Ottoman era. Our gentle downhill path will lead us to Faralya which Butterfly Valley is just next to it. You will have accommodation and dinner here accompanied by spectacular sunsets.

Approx. Vehicle Transfer Time: 20 mins

Approx. Trek Time: 4-5 Hours

Meals included: Breakfast-Lunch(Picnic)-Dinner

### **Day 3: Faralya-Kabak-Alınca Trek**

We wake up to a fresh day in the morning. Today we will start our walk from our hotel. After 5-10 minutes on the asphalt, we will reach the path to Kabak cove.This path will change to a nice and silent dirt road with the imperisive view of Mediterian Sea .We will start to descent to Kabak beach and take a lunch break. There is a refreshing option of swimming in these turquoise waters. Now time to walk uphill in the pine forest to Alınca village (700m), we will start to see Kabak cove down below. Our ascension will be among the gigantic rock walls along a magnificent valley.Our next accommodation will be in Alınca Village which has a magnificent view and sun set .

Approx. Vehicle Transfer Time:-

Approx. Trek Time: 5-6 Hours

Meals included: Breakfast-Lunch(Picnic)-Dinner

### **Day 4: Alınca-Sancak (Kalabantia) Cove, Gey Village Trek**

We will wake up with the stunning view of Sevenscapes. After a short walk through the scenic and peaceful asphalt, we will meet with an Ottoman Cistern. From here we will go down to the "Sancak Bay" (Kalabantia) by following the old caravan routes. This bay has been used as a commercial bay since the ancient Lycian period. It was a place where the products produced in the inner Lycia cities and the products from foreign countries were traded and customs cleared. On the shore we will have harbor buildings, some Lycian and Roman sarcophagi. After a nice lunch and swimming break between the ruins of the building, we will follow the same path and return to the Ottoman cistern. Then, a forest walk between the sounds of birds will end on the asphalt reaching Gey Village. After a short vehicle transfer, we will enter a Turkmen village located above the sea, open to the breeze. The first inhabitants of this place, who constantly felt the necessity to wear warm clothes, named the village as Gey means put on (warm clothes). We will retreat to our cozy accommodation facility, which is run by Nurgul, the daughter of Muhtar Bayram. Nurgül and her husband will offer us the fabulous food, they have made with their own hands. You can see the grand mother of the house while weaving Turkmen carpets on her loom.

Approx. Vehicle Transfer Time: 10 mins

Approx. Trek Time: 5 Hours

Meals included: Breakfast-Lunch(Picnic)-Dinner

#### **Day 5: Gey Village-Sydma Ancient City-Bogazici Trek**

We will have a nice breakfast in the pastoral atmosphere of the village and hit the road via scenic road and ancient farm terraces. After 1 hour, we will enter a nice and historic path until the ancient Sydma city, Turkish name Dodurga. While passing the ancient farm walls of the city, observation tower of Sydma will be watching us on our left. At lunch we will be guest to Fatma's house, where we will enjoy the insatiable Aegean dishes. If you wish we can make a short siesta. We will see ancient Lycian and Roman tombs in the Necropolis, Roman Bath and some other ruins. There is no excavation yet but ruins explain us that a great city underground. Our trek will end with a descent to Bogazici village. We will meet with our vehicle and spend the night again in Gey.

Approx. Vehicle Transfer Time: 20 mins

Approx. Trek Time: 4-5 Hours

Meals included: Breakfast-Lunch-Dinner

#### **Day 6: Gey Village-Bel-Gavuragili Trek**

Today we will leave the village of Gey and arrive at the village of Bel by watching the view of the bays that are almost impossible to reach from the pristine land. After lunch in a village house in the village of Bel, we will follow a dirt road until a saddle of Belcik. From here, we will descend from a scenic path passing over the rocky passages and via forests. We will meet with our vehicle in Gavurağılı area and move to our pension in Patara. Today we will sleep again at sea level.

Approx. Vehicle Transfer Time: 30 mins

Approx. Trek Time: 5-6 Hours

Meals included: Breakfast-Lunch-Dinner

#### **Day 7: Delikkemer (Roman Aqueduct)- Patara Ancient City Trek and Transfer to Dalaman Airport**

We will start our day with a 25 minute transfer to Roman Aqueduct was built by engineers brought

from Rome in times since the water shortage in Patara city. After understand the working principle of the syphon, we will roughly follow this water pipe for an hour until the dirt road. This dirt road will take us to the ancient city of Patara. We will refresh our historical knowledge for a while in the ancient city with its agora, roman baths, amphitheater and very first Parliament of the World. Then depending on our flight times, we will spend time and swim at the sandy beach of Patara. Before saying goodbye, we will have a transfer to the Dalaman airport nearly 2 hours

Approx. Vehicle Transfer Time: 2:30 hours

Approx. Trek Time: 3-4 Hours

Meals included: Breakfast-Lunch(Picnic)

### **Tour Dates & Tour Price**

Best Season: April-May /September-October

570 Euro per person. Min 6, max 14 pax.

For groups under 6 people, please contact us.

### **Price Includes**

MONTIS Trips & Expeditions Leader & Guiding (English Speaking)

All Ground Transfers Mentioned In The Program

All Meals Mentioned In The Program

Bed and Breakfast Accommodation At Twin Rooms Mentioned Hotels and Pensions

First Aid Kit

### **Price Does Not Include**

Entrance Fees For Historical Sights And Parks,

All Ground Transfers Mentioned In The Program

Personal Equipment (Backpack, walking poles, shoes etc.)

Out Of Program Demands And Expenses

Meals Which Are Not Mentioned In The Program

Beverages In The Hotels And Restaurants,

Insurance

Tips

### **Accommodation**

**Kaya Misafir Evi in Kayakoy, Fethiye, Mugla** : Our villa style hotel is run by Filiz, she has lived in Istanbul for many years. After a long career in computer management then left Turkey for England, after a couple of years there, she decided to move to Kayakoy. She calls her business as hospitality business. And you will understand what we mean. Authentically decorated rooms have air conditioning, shower rooms with WC.

<http://www.kayamisafirevi.com/index.html>

**Montenegro Hotel in Uzunyurt, Fethiye, Mugla:** Our motel has a beautiful view over the Butterfly Valley and outstanding scenery towards the sea. It is run by a family with historical roots in Faralya (Uzunyurt). Bayram, owner of Hotel is a very gifted on playing "SAZ" traditional Turkish Music Instrument. If we are lucky, we can listen and join him. Motel has indoor restaurant with fireplace, outdoor restaurant with big terrace, bar, swimming pool, own kitchen, grow their own vegetables and fruits in the garden, wireless internet connection and electric generator, and spring water in the garden. Bungalows have a shower with hot water, WC, A/C, chest drawer, wardrobe and private balconies (2 chairs plus a table).

<https://www.montenegromotel.com/>

**Bayram's Place, Alinca, Karaagac, Fethiye, Mugla:** Our family oriented pension welcomes you just after the steep trek up from Kabak Beach (0 m.) to the altitude of 700 m. View of the pension's balcony will make you feel like in a eagle nest. Insatiable view of the Yediburunlar (Sevencapes) will help you forget the tiredness of the day. This pension was a very small home stay style village house, welcoming the trekkers in its living room with the family members between the years 2000- 2004, on very first years of Lycian Way. After Lycian way started to be busy, and Bayram and his family decided to build small bungalows and changed the some rooms of house to nicer rooms with a great view. Bungalows and rooms have a shower with hot water, WC.

**Muhtar Bayram's Place, Ge Village, Seydikemer, Mugla:** Ge Village hasn't a nice view like in Alinca but you can have a great chance to observe the rustic life. People of the village still in to animal husbanding and agriculture. Our pension was in the old house of Muhtar (Headman) Bayram till couple of years before, but he and his daughter Nurgul just enlarged their pension to next yard since more and more relevance to Lycian Way. You will taste delicious regional food of Nurgul. And we may have a chance to see her mother, while weaving nice Turkish Carpets and embroiding. Rooms have a shower with hot water, WC.

<https://www.facebook.com/geyvillagelycianway/>

**Flower Pension in Patara, Kas, Antalya:** Our pension has been welcoming people since 1986. This is a family run pension where Mustafa and Ayse and their two sons Bekir and Semih will do everything possible to make your stay enjoyable. We can easily be witness to the Lycian Era ruins, since the necropolis of ancient city of Patara is just next to us. This small town called Gelemis, may be crowded by tourists in the summer season, but we are lucky to be here out of season. Sand beach of Patara is a very suitable place to finish our trek. Garden of the pension is full of various trees, such as Palm, Lemon, Tangerine and olive. Swimming pool and laundry services are a great for your rest and clean before you leave for your country

<http://www.pataraflowerpension.com/>

## FAQ

### Travel Plan

#### Recommended Domestic Flights:

This itinerary starts and ends in Dalaman Airport in Mugla,Turkey. Some domestic flights are recommended to /from Dalaman to connect flights to international flights. Please ask for a confirmation before you purchased your flights.

Itinerary can be customized for individuals and groups due to their travel plan. Domestic flights, extra tours and city sightseeing can be added to form an itinerary from/to Ankara and/or Istanbul. Please contact us for any requests.

**Note: Our company is not responsible about the changes on the flights by the operators or airlines.**

### Visa

Holders of most European passports,UK, Austrian, Irish, Portuguese, Spanish and US passports require visas. Visas must be obtained in advance, passengers need to obtain an e-visa prior to their arrival. This can be done online at <https://www.evisa.gov.tr/en/> for approximately US\$20. The visa is valid for a stay of up to three months (dependent on passport holder's nationality). For a longer stay a visa from a Turkish Embassy is required. Please click for visa requirements to Turkey for detailed information:

<http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>

### Vaccinations

There are no mandatory vaccination requirements.

### Eating and Drinking

Food in Turkey is generally very good and varied, making use of fresh local ingredients. Breakfasts normally include boiled eggs, omelets, cucumber, tomatoes, cheese, honey or jam and yoghurt, olives and bread. Picnic lunches are provided for trekking days.

Restaurants in this trip are specialized in local dishes; aegen and mediterian green and healty olive oil couisine plus fish,chicken and veggie clay pot, gozleme (turkish pancakes), mezés , green salad and soup. Vegetarians are well catered for.

### Weather

If travelling in July and August you must be prepared for high temperatures up to 40 deg C. Otherwise spring and Autum seasons are very suitable for trekking. Tempretature is around 20-28 C. day time. Rain is rare, especially in Spring.(Possible drizzles and showers) Autumn is mostly dry.

### Is this trip for you?

#### Activity Level: 3 (Moderate)

This trip gives you the chance to see Lycian Coast. via waymarked trail named "Lycian way, chosen one of the best ten waymarked trails of the World" by Sunday Times. We will have chances to pick and taste seasonal fruits like "apricot, cherry, mullberry, quince, grapes ,apples, pears,figs, wallnuts, torn-apple, blackberry etc."

However, to enjoy this trip to the full, a fair level of fitness and physique are required.

The itinerary is very active and long periods of time are spent outdoors. Anyone can have a day-off, rest in the hotel and enjoy the village in case they get tired. There are many opportunities to enjoy swim in turquoise sea of Mediterian. So , a pack-towel and swimsuit might be a good idea.

Please note that the Tour Leader reserves the right to refuse participation of any client on any activities on safety grounds or if they feel that their participation will compromise the safety and enjoyment for the rest of the group.

The order of activities, trekking routes may be changed to suit local weather conditions.

### **Packing**

You are recommended to have a duffle bag. Only a day pack will be carried during the day. Duffle bags, suitcases will be transferred by vehicles from lodge to another once at the spot.